

Cool Cucumber Dip

1 C	Cashews, raw
1	Cucumber, large and peeled
1-2	Lemons freshly squeezed, or 1/3 C lemon juice
1 ½ tsp	Salt
1/4 C	Honey
1	Onion, small and peeled, or 1 tsp onion powder

Blend until smooth Chill.

Serving Suggestions:

- This dressing is delightful not only for salads but also as a dressing for raw vegetable plates.
- Delicious drizzled over shredded, raw savory cabbage.
- Great drizzled into a falafel stuffed pita pocket for a takeaway lunch.
- Tasty over steamed veggies.
- This makes a lovely dip for artichokes too!
- Makes 2 cups.