CILANTRO-LIME SOY CURLS

- 1 ¹/₂ cups <u>Soy Curls</u>
- 2 teaspoons Chicken-Style Seasoning
- 1 recipe Cilantro Lime Dressing (below)
- Smoky Chipotle seasoning to taste (I used Mrs. Dash)
- 1. Place Soy Curls in a bowl and cover with boiling water. Set aside for 10 minutes.
- 2. Drain excess water and squeeze water from soy curls.
- 3. Sauté soy curls I a little oil with Chicken-style seasoning until browned.
- 4. Add ¹/₄ cup Cilantro Lime Dressing and sprinkle Chipotle seasoning to taste. Continue to cook for 2 minutes.

Cilantro Lime Dressing (from thissavoryvegan.com):

- 1 bunch cilantro roughly chopped.
- 1 lime juiced.
- 1/2 avocado.
- 1 garlic clove.
- 1/4 cup oil olive or sunflower.
- 1/4 tsp cumin.
- salt to taste.
- red pepper flakes optional.
- water if needed
- 1. Combine the cilantro bunch, lime juice, avocado, garlic, oil and cumin to a blender or food processor. Pulse 3-4 times (or until ingredients are combined).
- 2. Add salt and red pepper flakes to taste. If you want a thinner consistency, add water as needed.
- 3. Enjoy!

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