



## **(Possible) Pledge Or Policy**

I, a student of \_\_\_\_\_ school, agree to work together to stop put-downs and bullying at our school.

Bullying is defined as intentionally aggressive behavior to harm a fellow student and can be verbal, physical, social, by using technology or sexual harassment. A person can be picked on by one or more fellow students, once, or over a period of time. The bullying can consist of one child bullying another, a group of children ganging up against one lone child, one group of kids targeting another group or ignoring/shunning another student. Common behaviors attributed to bullying include put-downs, name-calling, rumors, gossip, verbal threats, hurting property of others, harassment, intimidation, malicious texts and emails, insults, social isolation, exclusion, making unkind comments about someone's person, forcing others to behave, talk or act a certain way, touching people inappropriately, posting inappropriate messages on the internet, some form of hazing or physical assaults.

I believe that no student deserves to be treated this way. I believe God calls us to be kind, loving and courteous to other students, no matter their race, color, religion, nationality, size, age, gender, popularity, athletic, academic, or social ability. I agree they have the right to feel safe and secure.

I agree to:

- Treat other students with kindness and respect.
- Not to engage in verbal, relational, internet or physical bullying behaviors.
- Be aware of our school's anti-bullying policies and procedures.
- Abide by the school's anti-bullying policies and procedures.
- Speak up and support students who have been victimized by bullies.
- Speak out against verbal, relational, physical bullying and cyber bullying.
- Notify a parent, teacher, or school administrator when bullying does occur.
- Be a good role model for other students.
- Participate in all events, classes dealing with put-down behavior or bullying.

I acknowledge that if I don't report or stop a bullying incident, I am just as guilty.

\_\_\_\_\_ Student's signature/Date

\_\_\_\_\_ Parent's signature/Date

\_\_\_\_\_ Teacher's Signature/Date