

"In the future life,
the mysteries that here have annoyed and
disappointed us will be made plain.

We shall see that our seemingly
unanswered prayers and disappointed hopes
have been among our greatest blessings.

We are to look upon every duty,
however humble, as sacred because it is
a part of God's service.

Our daily prayer should be,
"Lord, help me to do my best.
Teach me how to do better work.
Give me energy and cheerfulness.
Help me to bring into my service the loving
ministry of the Savior." "

MH pg. 474

**Thank you for coming!
I pray for God's blessing on the
decisions you have made here at
Camp Au Sable this weekend.**

**Sincerely,
Jane Harris, WM Director**

Welcome!



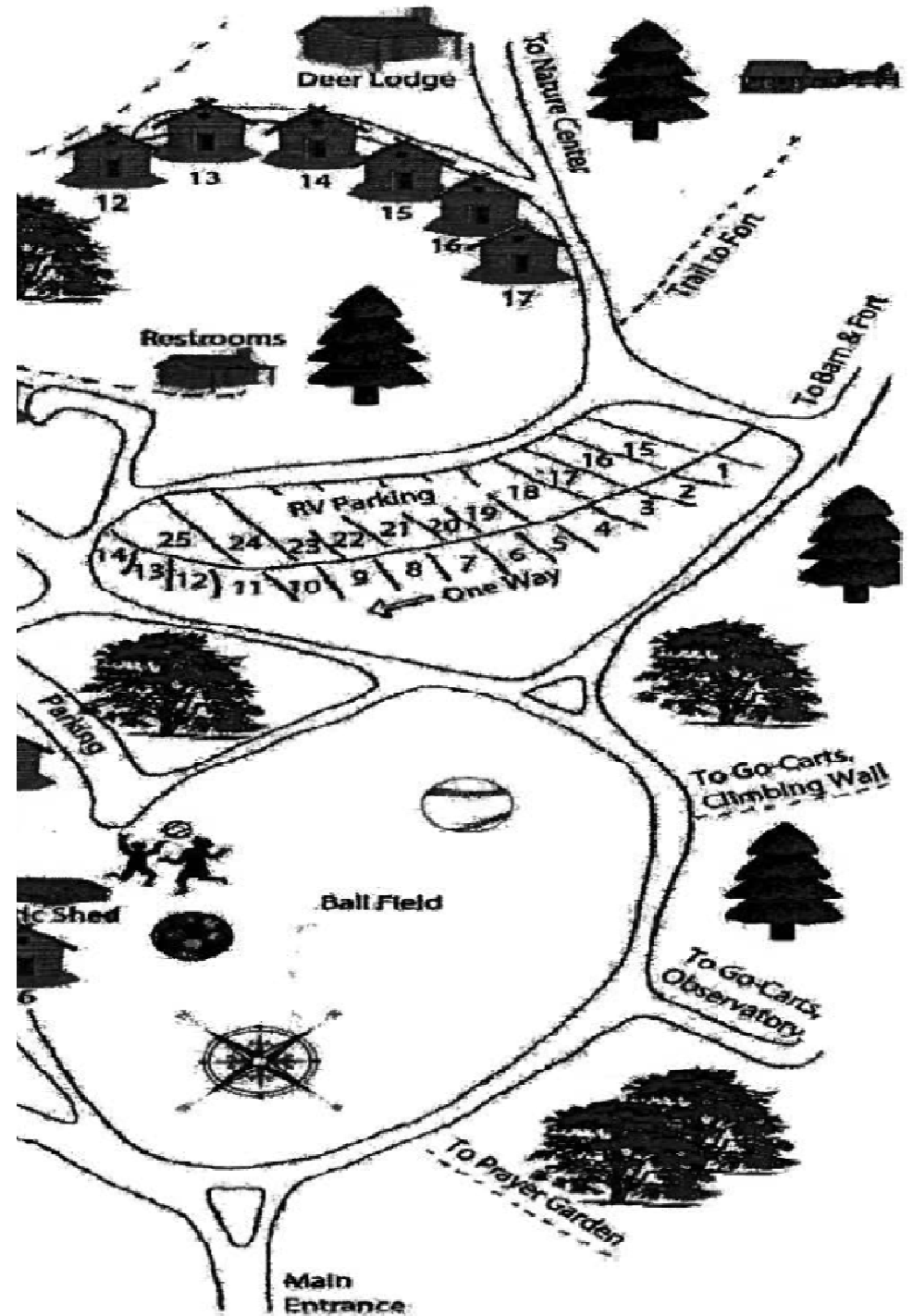
Enjoy!

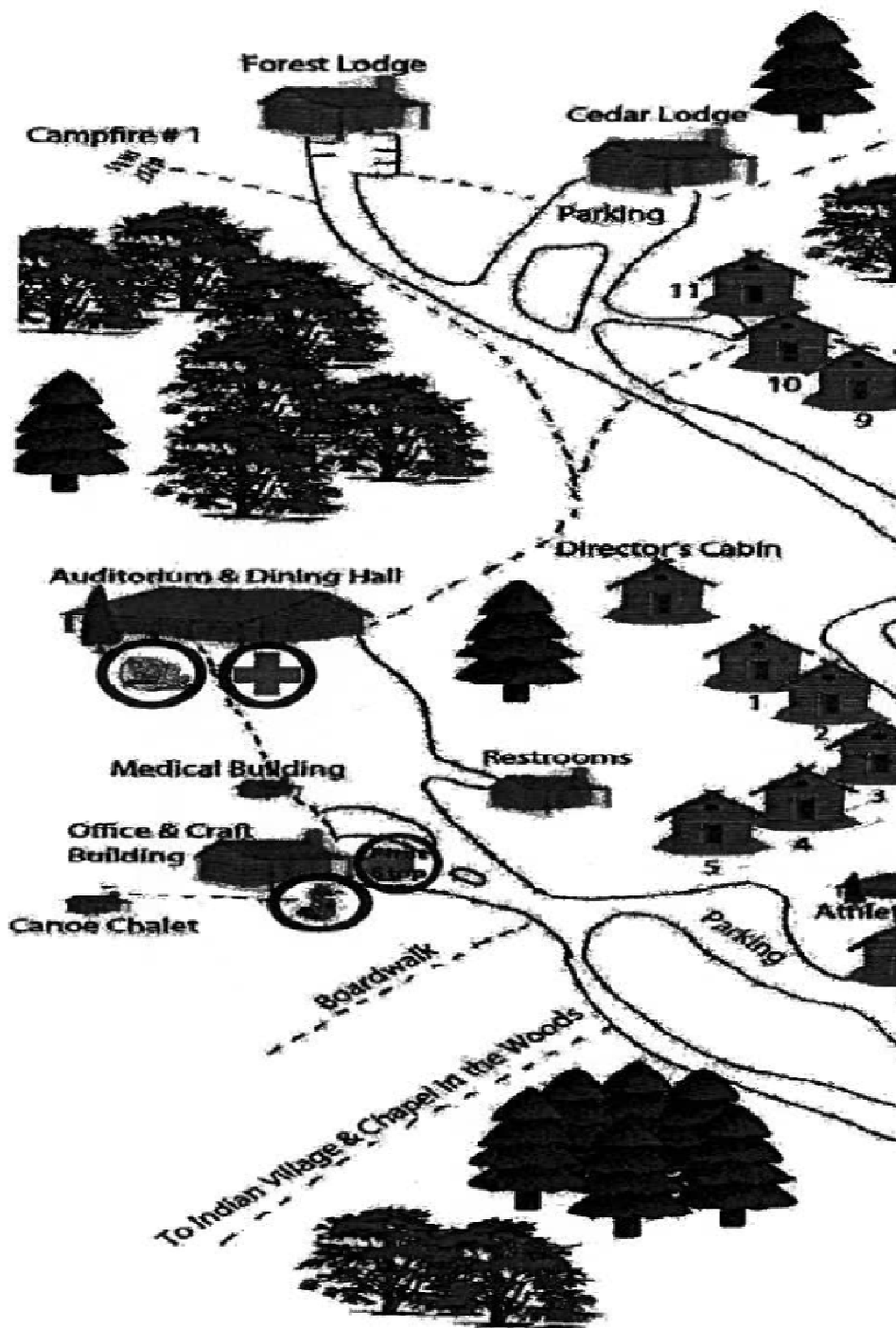
Welcome

We are thrilled that you have chosen to spend this time at beautiful Camp Au Sable in fellowship with the Lord.

We hope you have a weekend filled with restoration and renewal— physically, mentally and spiritually.

Throughout the weekend our prayer is for you to walk close with Jesus and be assured in the knowledge of His love for you.





The tulip design symbolizes love, characterized by warmth of feeling.

The curved shape represents the all-encompassing element of women's ministries.

The WM initials create the outlines of the design, and the dove and flame can also be seen —
a symbol of the Holy Spirit's Leadership with the ministry.

Guest Speaker

Our keynote speaker this year is Ruth Ann Thompson, author, speaker, recording artist, teacher and court stenographer. She was born and raised in Michigan, attended Tri-City Junior Academy in Freeland, MI and graduated from Cedar Lake Academy (now GLAA). She speaks all over the country using simple, poignant illustrations to gently lift the heart toward the throne of grace. She has learned through adversity and knows the joy of being a tree planted by the rivers of waters.

(Ps 1:3)

Ruth Ann is married, has four sons and one daughter. Ruth Ann and Kirk recently lost their son Brandon to injuries sustained in an auto accident. Her favorite verse is “But He knows the way I take; when He has tested me, I shall come forth as gold.”

Job 23:10

The theme for the weekend is **Extreme Makeover/Under Construction**. Ruth Ann will present **D.U.C.K. T-A-P-E Fixes Everything! (Depending Upon Christ the King through Tribulation, Aggravation, Perspiration & Exhilaration)**

General Session Titles

Friday 7:00 PM

Sabbath 9:15 AM

Sunday 11:00 AM

Demolition Day

Water Damage

Sweat Equity



Notes:



Announcements

Your name tag is your meal ticket. Please wear it with every outfit.

Prayer rooms are located in the commons of the Auditorium basement and in the family room in the basement of Deer Lodge. These prayer rooms are for your use night or day. Where two or three are gathered together in Jesus name, He is there. Please take advantage of these special places to lift up your petitions to God.

The Adventist Book Center is located down in the craft building. It will be open for shopping Friday afternoon, after the Saturday evening program, and Sunday except during the time of the general session. The camp store will also be open for shopping on Friday afternoon, Saturday night and Sunday afternoon.

Registration materials are emailed to our email database and mailed to your women's ministries leader, or available online at www.misda.org. If you don't have an email address, please contact your local WM leader for registrations materials. Also, please feel free to share WM registration materials with your friends and family.

Please feel free to sit in on whichever seminar the Holy Spirit is leading you to. There is no pre-registration required.

Please keep your cell phones on vibrate. We want you to be available to your family or friends but also want to keep distractions to a minimum for our speaker/s. Thank you for checking to make sure your phones are on silent before entering the auditorium.

If you have any questions, the hostesses would be glad to assist you.

Program Schedule

Friday

4:30-5:45	De-cluttering Heart & Home	Forest Lodge
6:00 pm	Buffet	Dining Room
7:00	General Session	Auditorium
10:00	Quiet Time	

Please, remember your sleeping arrangements—shhh!

Sabbath

7:00 am	Bird Watching & Walk	Auditorium
8:00	Breakfast Buffet	Dining Room
9:15	General Session	Auditorium
11:30-12:45	Seminars	AUD, DL, FL, OBS
1:00 pm-3:45	Lunch/Free Time	Dining Room
	Nature Center, Boardwalk, Rest, Study, Prayer	
4:00-5:15	Seminars	AUD, DL, FL, OBS
6:00	Supper	Dining Room
7:15	Vespers	Auditorium
8:15-10:30	Evening Activities	Aud/Cafe
11:00	Quiet Time	

Sunday

7:00 am	Walk Thru Camp	Auditorium
8:00	Breakfast Buffet	Dining Room
8:45	Pack a Lunch	Dining Room
9:15 - 10:30	Seminars	AUD, DL, FL, OBS
11:00	General Session	Auditorium



Seminar Descriptions

**Laurie Snyman.....So Long Inferiority!
You've Come a Long Way, Baby!**

SabbathAM (11:30 – 12:45) Deer Lodge

Sabbath PM (4:00 – 5:15) Deer Lodge

An honest look at insecurity; it's roots and effects. We all want to feel secure. We will find that our only safety and security is in the Lord through a pointed and beautiful look at the Word of God. We can find security moment by moment, day by day and learn to walk in the truth that we have nothing to fear.

Laurie Snyman is a licensed family therapist and the associate ministerial director along with her husband Royce. She is a published author, frequent speaker and teacher, and enjoys her family and traveling.

Vicki Griffin.....Lessons on Loss: God's Peace Plan

Sabbath AM (11:30 – 12:45).....Forest Lodge

Sabbath PM (4:00—5:15)Forest Lodge

In this session we will take a thoughtful look at God's plan for peace and trust in a world of frenzy, perplexity, and loss. Learn how to cultivate a thankful heart in a world of hurt.

Vicki Griffin is the Director of the *Lifestyle Matters Health Intervention Series* and the Fit & free! Building Brain and Body Health Series; the Director of Health Ministries for the Michigan Conference of Seventh-day Adventists; and the Editor of *Balance* magazine and *Balanced Living* tract series. Vicki lectures and travels worldwide sharing the lifestyle link to better mental, physical, and spiritual health. Her special area of interest and research is the relationship between diet, lifestyle, stress mechanisms, and brain health.

Pat Bodi.....31 Ways to Become the Proverbs 31 Woman

Sunday (9:15 – 10:30).....Deer Lodge

The Proverbs 31 woman is a great inspiration for us today when it comes to saving money and being financially responsible. Learn what we can do as women to honor our families and God by understanding new and creative ways to save money and yet provide a comfortable home for our families and guests.

Pat Bodi served on the Women's Ministries Board for many years and is currently a certified tax preparer. She has presented seminars and spoken in many churches around Michigan on various topics. She enjoys traveling and spending time with her TLC group of ladies visiting different churches on Sabbath.

Thank You's

Adventist Book Center:

Gary Hillabert,
Diane Dowell,
& Doug White

Camp Au Sable Staff:

Rod & Marcia Boothby,
Zuzana Rachal,
Terrance & Dawn Balthazar

Main Speaker:

Ruth Ann Thompson

Mini-Seminar Speakers:

Vicki Griffin, Laurie Snyman, Doris Gothard, Gail Dick, Pat Bodi, Barb Hemenway, Jeanie Weaver, Deb Montcalm

**Dishwashers & Cleaning Crews:
Pathfinder Clubs—**

Grand Rapids, Au Sable, & Mt. Pleasant

**We want to thank all of our helpers and volunteers;
without you, these retreats would not be possible!**

We are so grateful for your help!

It is a privilege to serve God together!

Thank you!

Retreat Staff

Hostesses (WM Board Members):

Monica Ames
Ginger Bentley
Dee Clements
Rosa Del Valle
Mirtha Duthil
Maria Garner
Barb Hemenway
Cassandra McNulty
Deb Montcalm
Terri Morgan
Blanche Oetman
Anita Riess
Lisa Sawvel
Sharon Szykowski
Wendy Welch
& Julie Woolf

Seminar Descriptions

**Doris Gothard.....Power of a New Attitude
Sabbath AM(11:30—12:45)Auditorium
Sabbath PM(4:00 – 5:15)Auditorium**

Your attitude is either your best friend or your worst enemy, your greatest asset or greatest liability. Stories and illustrations will demonstrate the power of what you say to yourself and believe have the power to change your life, your faith, and your "God-likeness."

Doris is an author, and has conducted seminars and workshops throughout the world. She is married and has one son and lives in Michigan.

**Barb HemenwayHow to Study Your Bible
Sabbath AM (11:30-12:45).....Observatory
Sabbath PM (4:00-5:15).....Observatory**

Bible study is an open doorway to the heart and character of God - an opportunity, a priceless treasure, a faithful guide, a life transforming journey that will extend into eternity and beyond. If you're longing for a deeper experience with God through His Word, bring your Bible and a pen and join us for "How to Study the Bible" Seminar as we lay the foundation for a good, solid approach to the Study of God's Word.

Barbara is married with three grown children, one grandchild and a second on the way! She's a retired nurse. Graduate of Emmanuel Institute of Evangelism. She's held her own Evangelism Series in El Salvador through 'Share Him' Global Evangelism Campaigns and co-speaker in two Evangelism series in Michigan. She also has many hobbies and interests, but her passion is to continue to be active in sharing the gospel of Jesus Christ through public evangelism and personal Bible Study.

**Cassandra McNulty/Sharon Szykowski.....Designed to Move!
Sunday (9:15 - 10:30).....Observatory**

Designed to move!...so GET MOVING! This hands on seminar will help you design and exercise plan that will work with your lifestyle, be one you can stick with, and one you will actually enjoy!

Cassandra and Sharon are both on the Women's Ministries Board for the Michigan Conference and interested in health, wellness and exercise. Cassandra works in social services and Sharon is a pastors wife and a Physical Therapist. Cassandra enjoys decorating and repurposing old items. Sharon enjoys loves hiking, backpacking and camping.

Seminar Descriptions

Deb Montcalm.....De-cluttering Heart and Home
Friday (4:30—5:45)Forest Lodge
Sunday (9:15-10:30).....Forest Lodge

Whether it's a busy life, lack of motivation, no idea where to begin, or a combination of roadblocks that have life out of balance, know that there is a solution to just about every hindrance that keeps us from being able to enjoy our lives in the way God desires. A perfect life? Not in this world...but we can have the best life possible with God in our hearts & homes.

Deb Montcalm has earned a lifetime membership in "Procrastinators Anonymous", but also has been blessed with her parents' organizational genes. She *loves* taking chaos & disorganization and turning it into something functional, orderly & pleasant. Deb works as the Coordinator of Arts & Sciences at Lake Michigan College in Benton Harbor, Michigan. For fun, Deb loves to read, spend time with friends & family, attend plays, and travel.

Jeanie Weaver.....Creating Your Personal Style
Sunday (9:15 - 10:30).....Auditorium

This seminar is a wardrobe segment that is aimed at simplifying our wardrobe, packing, and style. There will be several lively and fun demonstrations, and instruction in the basic color theory in wardrobe building, as well as some modeling of styles that work on different body types. Bring one or two of your wardrobe questions or challenges for Q & A.

Jeanie holds a degree in Physical Education/nutrition and a Masters in Education. She is a personal fitness trainer, group exercise leader, health and physical educator as well as a color and wardrobe consultant, and owner of Fitness Concepts Plus a personal training business that incorporates all her expertise. For many years she has presented Fashion and Fitness seminars to business and civic groups, women's clubs and recently to teen girls. She enjoys sharing the principles of practical wardrobe building in her seminars using appropriate color and style choices for each individual. She is married, has children and enjoys outdoor activities.

Saturday Evening Activities

Treasured by God
Auditorium

Adventist Book Center
Craft Building

Camp Store

Craft & Games
Cafeteria

Hayride & Kettle Corn
Athletic Shed



Enjoy an evening full of fun!

***Quiet time will begin at 11:00 pm.**